



**Is My Dog in Pain?**

Dogs often have pain from arthritis and many other conditions but it can be very challenging to tell if your dog hurts, because dogs have a natural instinct to hide their pain. There are many options to treat pain in dogs and give them a more comfortable life. Please use the questions below to help your veterinarian determine if your dog is in pain.

**Your Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Pet’s Name:**  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Check all the things you have noticed in your dog:**

* Difficulty getting up or lying down
* Difficulty walking or running (limps or moves more slowly)
* Difficulty jumping up or down from the car or furniture
* Difficulty walking on slippery floors
* Difficulty going up or down stairs
* Less playing or exercising with you or other animals
* Restlessness or difficulty finding a comfortable position
* Vocalizing (whimpering, groaning, crying etc.) when touched or while moving Decreased appetite
* Less desire to interact with people or animals (hiding, resistance to being pet, brushed, held or picked up) Excessive licking, biting or scratching a body part
* Sleeping in an unusual position or in an unusual location
* Unusual aggression when approached or touched (biting, growling, ears pinned back)
* Panting or trembling when resting
* Changes in eye expression (staring, dilated pupils, vacant look, squinting)

Did you know that your veterinary care team is a member of the **International Veterinary Academy of Pain Management (IVAPM)**, which is an international organization committed to insuring that animals have a pain free life? For more information and additional resources, visit the “For the Public” section at:

**ivapm.org**